

## **Food and Drink**

Kids Staff and volunteers should keep all food and drink items in the Huddle Room.

When it comes to food, always explicitly follow instructions provided by families. Never give any food to children in rooms with children younger than Toddlers unless specifically instructed by their family. If you have any concerns regarding snacks, please connect with a Kids Staff Member.

### **Allergies:**

During Check-In please ask the family if the child has any allergies. Write that allergy on the note tag, write the child's name, code and allergy on a post it note and stick it to the cabinet, and finally notify all other volunteers in the room. If we need to add an allergy note to a child's Rock account, please notify a Kids Staff Member.

- Parents may check the snacks in the room to read labels and make sure the food is safe for their child.
- In the case of a severe allergy, make sure children are eating the same snack to prevent the child with allergies from eating something that would be harmful to them. In the severest cases, skip snack altogether for that service.

If the allergy or medical concern is severe, the Kids Staff Member will request the parent fill out a Special Circumstances Form. If needed, the child may require a Special Friend to give them the best experience.

**Babies** - Follow the parent's directions for bottles, food, pacifiers, etc. Do not give any food to a child unless it has been provided by the parent with instructions.

**Toddlers** - Have children sit for a snack. Only give Cheerios from the cupboard.

**Preschool** - Have children sit for a snack. Only give Goldfish crackers from the cupboard. Hershey Kisses are given for memory verse rewards.

**Elementary** - Only give Oreo cookies from the cupboard. Suckers are given for memory verse rewards.