# CELEBRATE RECOVERY STANDARDS AND GUIDELINES

#### Vision:

- Groups exist for all guests to connect and engage regularly with others to grow towards full investment and commitment to love Jesus, serve others and tell the world about Christ.
- Alongside serving is the foundational strategy to the next step of connect for growth.
- Enable those who have worked the 12 steps to come alongside newer believers for healing and support.

### Wins:

- To provide a safe environment for all guests and attendees to feel free to share their hurts, habits and hang-ups.
- For every person to feel like they are loved by God because they experience welcoming faces, smiles and a warm, friendly environment.
- To have a support system of other believers who they can do life with and call upon for healing through their hurts, habits, and hang-ups.
- To receive the support and encouragement offered by the national Celebrate Recovery leadership through maintaining national recognition as an approved CR group.

### **MINISTRY GUIDELINES:**

\*= Celebrate Recovery DNA provided by national organization

#### **WELCOME:**

- Greeters wearing nametag at the door
- Clear signage showing where the meeting is held
- Information table visible from the entrance
- Only Celebrate Recovery approved materials on information table \*
- Snacks provided weekly, except for Celebration Friday that is every last Friday
  of the month
- Full meal provided on Celebration Friday, last Friday of the month
- Prayer over the meal
- Leaders accessible and easily identified
- Leaders fellowshipping with guests
- No guest is left to sit alone
- Healthy choices for people with food issues

## **LARGE GROUP MEETING:**

1

Prayer with leadership

- Starts on time
- Execute program plan from Planning Center that includes
  - Opening song or video/ Welcome/ Opening Prayer
  - Praise and worship time
  - Reading of the 8 principles OR the 12 steps
  - News/announcements = exciting and engaging for the newcomer,
  - special music or video
  - offering, teaching
  - Teaching or testimony
  - For teaching, use the CR leader guide to teach the lesson indicated in Planning Center including Scriptures retained from leaders guide \* and Acrostic from leaders guide used properly \*
  - For testimony- reviewed and approved by ministry leader and executive director to insure no triggers\*
  - Serenity Prayer/ Dismissal to open share groups
  - Last Friday of the month is Celebration Friday and includes chip night, a milestone attendees have experienced in recovery
    - CR script that explains the chips is read
    - Men receive chips from men/Women receive chips from women

#### **OPEN SHARE GROUPS:**

- Clear signage directing attendees to meeting rooms
- All groups are gender specific \*
- Two leaders trained and available for each small group
- Leader's notebooks used during the meeting containing the open share group format which is used and followed \*
- 5 small group guidelines are read and followed \*
  - 1) Keep your sharing focused on your own thoughts and feelings. Limit your sharing to three to five minutes.
  - There is NO cross talk. Cross talk is when two individuals engage in conversation excluding all others. Each person is free to express his or her feelings without interruptions.
  - 3) We are here to support one another, not "fix" another.
  - 4) Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
  - 5) Offensive language has no place in a Christ-centered recovery group.
- Leaders read a focus question
- Leaders welcome all participants and tell the name of the group
- Leaders open with prayer
- Celebrate Recovery style introductions
- Close the group in prayer after 1 round of sharing

• Leaders are available afterwards for questions

# STEP STUDY GROUPS (MEET TUESDAY NIGHTS):

- Meet on a different night than the general meeting
- Gender specific \*
- Two hour meeting, starting and ending on time
- Held at the campus at least through Principle 3, then may meet in someone's home with ministry leader permission
- Groups are closed after Principle 3
- Journey begins or Journey Continues curriculum used exclusively \*
- Leaders notebook used and followed for:
  - Step study format sheet for meeting time \*
  - 5 small group guidelines read and followed \*
- 8 principles/12 steps reviewed
- Participants have homework completed prior to the meeting
- Moral inventories are done before moving to step 5

## **CENTRAL SUPPORT PROVIDES:**

- Overall strategy, promotion and branding
- Training and leadership development resources for campuses to execute at regular intervals
- Regular communication and updates through monthly M leader meetings, email and the TEAM facebook group
- Biblically-based resources, approved by Celebrate Recovery for all groups
- Invite cards and CedarCreek specific pamphlets
- Ongoing data of groups through F1
- Weekly production packages delivered to the campus computers for use during the Friday night meetings
- Training on technical and production

## **CAMPUS PROVIDES:**

- Execution of the Friday night production packages as outlined in Planning Center
- Recommendations of resources to open share and step study leaders based on group
- Regular and personal invitations for guests to take their next step into groups
- Recruitment and training of new group leaders and TEAM members and apprentices
- Fellowship events for the campus minimum of 3 times per year